



What are Growth Strategies?

In order to promote social and emotional growth in students, SEL Growth Strategies are included as part of the DESSA system. These research and practice-informed Growth Strategies are available for each of the 8 social-emotional competencies measured by the DESSA assessment, enabling educators to select strategies to address students' unique social-emotional needs.

Here are the different categories you will find within each social-emotional competency:

- Teacher Reflection & Action: focused on increasing adult SEL understanding and practice. Can be done in teacher groups or independently to reflect and learn more about each social-emotional competency.
- Universal strategies: designed for use with a whole class/group
- Small Group strategies: designed for use with small groups of students
- Individual strategies: designed for use with a single student
- Home strategies: suitable to be sent home with students and encourage a connection between school and parents/guardians in building social-emotional competence in their child

The strategies can be sorted by age range: Primary (K-2), Intermediate (3-5) and Middle (6-8). First, click on the button on the left under Grade Level (note, depending on what was last selected, this button may say "Primary", "Intermediate" or "Middle". Then, a small pop-up will appear for selecting the Grade Level.